

24. A walker with pressure relief areas for the foot of a user, said walker having a sole area underlying the foot of a user, comprising:

a walker frame including an outer sole and struts extending from said sole upward;

a soft goods support for enclosing the ankle, lower leg and at least a portion of the foot, said support being secured to said frame;

an inner sole mounted in said soft good support, said inner sole including an underlying flexible sheet extending substantially over the entire sole area; and an upper resilient inner sole member extending over and being removably secured to said underlying flexible sheet, said upper resilient inner sole member having a substantially uniform thickness and extending substantially over the entire sole area;

said upper resilient inner sole portion being composed of a plurality of resilient sections, said sections being removably secured on their lower surfaces to said underlying flexible sheet and said sections together forming a substantially smooth surface for engagement by the foot, said sections being individually removable to provide localized pressure relief to selected areas of the foot; and

said sections comprising a relatively softer and more resilient portion for engagement with the foot, and a relatively less resilient base portion to provide support for the foot;

whereby a relief zone corresponding to an afflicted zone of a foot is provided when one or more of said sections is removed.

25. A walker as defined in claim 24 wherein the inner sole portion has a central longitudinal axis, and wherein the inner sole portion is substantially symmetrical about said axis so that the walker may be used for either the left or the right foot and ankle of the user.

26. A walker as defined in claim 24 wherein said underlying flexible sheet is substantially indentation-free.

27. A walker as defined in claim 24 wherein some of said separate resilient sections are lower density sections and some are higher density sections so that a user may arrange said higher density sections to create at least one zone of additional support for a foot.

28. A walker as defined in claim 24 wherein said walker further comprises an additional resilient pad having an aperture and an adhesively-backed lower surface for attaching said additional pad to the upper surface of a plurality of said removable sections, said additional pad providing a region of additional support for a foot.

29. A walker as defined in claim 24 wherein said walker further includes an edema patch comprising a patch of stretch material having an adhesive layer on a lower surface thereof for adhering the edema patch to a top surface of removable sections surrounding a relief zone from which a user has removed other sections, such that the edema patch covers the relief zone.

30. A walker as defined in claim 24 wherein said separate resilient sections are hexagonal.

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31. A walker as defined in claim 24 wherein said inner sole includes a plurality of layers, with the layer closest to the foot being substantially softer and more resilient than at least one other layer.

32. A pad for footgear comprising:

an inner sole mounted in said soft good support, said inner sole including an underlying flexible sheet extending substantially over the entire sole area; and an upper resilient inner sole member extending over and being removably secured to said underlying flexible sheet, said upper resilient inner sole member having a substantially uniform thickness and extending substantially over the entire sole area;

said upper resilient inner sole portion being composed of a plurality of resilient sections, said sections being removably secured on their lower surfaces to said underlying flexible sheet and said sections together forming a substantially smooth surface for engagement by the foot, said sections being individually removable to provide localized pressure relief to selected areas of the foot; and

said sections comprising a relatively softer and more resilient portion for engagement with the foot, and a relatively less resilient base portion to provide support for the foot;

whereby a relief zone corresponding to an afflicted zone of a foot is provided when one or more of said sections is removed.

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